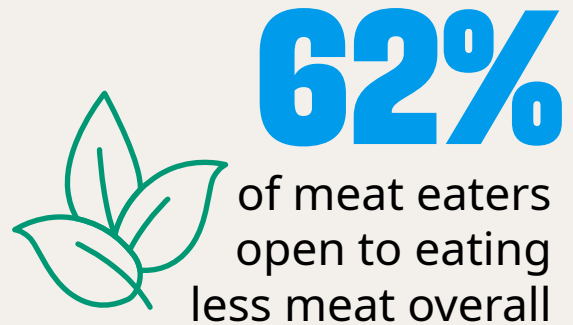
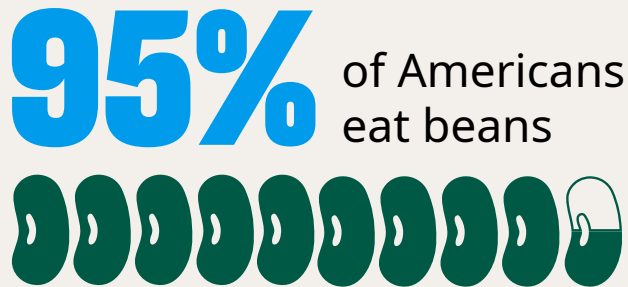


Counting beans

New poll shows most American meat eaters are willing to make a weekly meat-for-beans swap.



Top concerns about meat consumption

(among meat eaters)

67%

household finances/
lower grocery costs

64%

animal
welfare

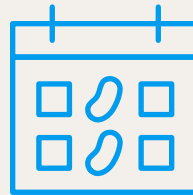
64%

personal
health

58%

environmental
impact

57% of meat eaters



would swap
meat for beans
each week.

America's favorite bean

Winner - 46%



**Black
beans**

Runner up - 41%

**Pinto
beans**



**Humane
World for
Animals™**

Survey conducted online within the United States by The Harris Poll
on behalf of Humane World for Animals from June 23-25, 2026,
among 2,003 adults ages 18 and older, of whom 1,919 eat meat.